**Discovery Session Questionnaire**

**IMPORTANT: In order to make the most of our time together, please fill out this brief questionnaire & email to** [**tanuja@saakori.com**](mailto:tanuja@saakori.com) **at least 48 hours prior to your appointed phone call time.**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_      Age:\_\_\_\_\_\_\_\_\_\_\_\_\_                          Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone#: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_    Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. What prompted you to contact me? (Top 2 concerns)

1. How does it affect your life?

1. What results would you like to achieve through working with me?

1. How will the results change your life?

1. What have you done about them until now, and what was the result?

1. How much have you spent in the past on resolving this issue (e.g. medications, consults, programs, supplements)

1. How committed are you this time? Scale of 1-10. Why?

1. What might hinder your commitment?

 9. How did you hear about me?

Talk soon.

Thanks,

Tanuja Dabir